



CHAPTERS
3-4

GENESIS

DAY ONE

1. Please read Genesis 3-4 at least twice. This will help you get an overview of the events.

2. How was the serpent described?

What might be some other synonyms used to describe the serpent?

3. We must guard our conversations with those who would tempt us to sin. Eve may be having a conversation with a serpent but who do you believe was behind this conversation?

4. We have an enemy who will try to use conversations to lead us away from the God who loves us. He disguises himself just like he did with Eve. You are wise to be studying God's word. What did the author of Psalms 119:11 say he had done to keep from being deceived and falling into sin?

5. Read 2 Peter 3:17, what do you believe Peter meant when he said, "be on your guard"?

6. Read Ephesians 6:10-18, what can we do to protect ourselves from this great deceiver?

7. Read 1 Corinthians 16:13, what is the warning here?

8. Who did the serpent choose to converse with that day?

Why do you suppose he chose her?

9. What was the first tactic he used to coax Eve to sin?

10. Has something like this ever happened to you?

Has someone ever tried to get you to question God's word?

Do you think Satan was trying to manipulate Eve's feelings?
Satan loves to question God's love and his motives.

DAY TWO

11. Comparing Genesis 3:2-3 to Genesis 2:16-17, do you see any discrepancy in the wording? If so, what?

12. Read Genesis 3:4, what is the serpent saying about God here?

13. In the very next verse, Genesis 3:5, Satan implies that God is somehow holding out on Eve. He tells her, God knows you will be like him. Satan implies God must not want the best for Eve, and he is trying to hold her back.

Have you ever been with someone who wanted you to sin, and they just wouldn't stop trying to get you to do so? They tell you things like: it really doesn't matter, this is a little thing and besides, you have a right to this. Did you listen?

Take several minutes to think about this; what were some of Eve's mistakes before she even took a bite? By considering Eve's mistakes we might save ourselves the pain of bad choices.

14. Read Proverbs 4:14-16, what do you see in these verses that might help you the next time the deceiver comes your way? Be specific in your answer. Are there guardrails you have seen in these verses?

15. Eve spent time looking at and longing for what God had clearly indicated she should not do. She allowed her heart to ponder this sin. Then she came up with several reasons why it was hard to resist. Where did this lusting for something forbidden and pondering disobedience lead her?

Look at verse 6 and underline the verbs. What were the steps of Eve's path into sin?

After she sinned what terribly unloving thing does she do in verse 6?

16. Read Genesis 3:13, Eve admits, "the serpent deceived me, and I ate." We must be very careful to weigh out the things we are told. Anything that makes us question the goodness of our God is a deception. Was Adam deceived? Read Genesis verse 12 again and 1 Timothy 2:14.

17. After eating this fruit, what happened to them both?

Read Genesis 2:25 and Genesis 3:7, what had been lost?

God had told them they would die; in what way did this immediately happen?

18. People do the same thing today. They know what God has commanded but they mull over the idea of sin so long that they begin to feel comfortable with it. They begin to feel God is holding out on them. What do we see Adam and Eve do in verse 8?

19. What are some ways people try to hide from God and avoid addressing their sin?

20. Disobedience is sin, and it breaks our fellowship with God. God will not leave us there. God was unwilling to simply leave them hiding from him. He loved them far too much for that. Even in our sin, God loves us and longs to see our relationship restored. God said, “Where are you?” Do you believe God was having trouble finding them, or did he just want them to hear his voice and be reminded of his gentle love for them.

What was Adam’s answer? “I _____ you in the garden, and I was _____ because I was _____; so I _____.”

21. God immediately asked Adam how he knew he was naked. He had been naked all the other days when he communed with God in the garden. What had changed?

DAY THREE

22. So far, we have seen the unwise decision to continue a conversation with one who questioned God’s word. The serpent contradicted God and implied God is a liar and deceiver. They foolishly and deliberately disobeyed God’s command. Now what do we see Adam do in verse 12?

Think about the wording of verse 12, where does Adam lay the blame for this horrible situation?

23. Sadly, Adam’s actions are all too common. When we are caught in sin, we often try to shift the blame. I have heard people blame God for all kinds of sin in their life. They say things like: “If God is all-powerful why did my marriage fail?” or, “Why did he allow me to see something that would tempt me?” What are they forgetting about?

The truth is the sin I get in is always the sin I have chosen. I may have gotten bad advice, but I did not have to act on it. I may have been coerced but why didn’t I just say, “No!” There is one common denominator in all my decisions... me. I heard a pastor say one time “I have participated in every bad decision I have ever made.”

24. Adam and Eve both started with an excuse. Next, they tried shifting the blame. However, in the end, they admitted their sin. We must get to this point of admitting our sin; this is the first step in repentance and redemption. Read Psalm 32:3-5, what does the Psalmist say is the result of confession?

25. Have you ever wished you could go back in time and make a better choice? Of course, we all have times like this. Sadly, we cannot go back in time. But God in his great love did not leave them in their sin, and he will not leave us either! He longs to help us and restore us. God made coverings for them. God said “I will put enmity between you and the woman, and between your offspring and hers...” Look up and define the word enmity.

26. God told Eve that now bearing children would be done with great sorrow. Have you ever considered the conflict between the physical pain of childbirth and the emotional joy of bringing a life into the world?

Do you ever wonder what it would have been like to bear children according to God’s original plan?

27. Notice the second half of verse 16, “Your desire will be for your husband, and he will rule over you.” Sadly, I believe God is saying that as women we have a strong tendency to want to rule over our husbands at times. Eve did not submit to Adam’s authority; she didn’t even ask him about the decision she was making. Have you ever wondered why we so often desire to be the boss—to have the final say?

We might say we want a strong leader who will make the decisions for the family—that is, until that decision is in opposition to our opinion. Does he freely get the final say?

28. To Adam he said, “Because you _____ to your wife and _____ fruit from the tree about which I _____ you, ‘You must not eat from it,’ _____ is the ground because of you; through _____ you will eat food from it all the days of your life. It will produce _____ and _____ for you, and you will eat the plants of the field. By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.”

What lay ahead for Adam?

Adam was to be the head of the family. This position came with a greater responsibility. As wives let's do all we can to help our husbands be successful as the head of the home. Discuss this in your small group time. What are some ways we can help them be successful leaders?

29. Do you recall in Genesis 2:15, how did man get into the garden?

Where did this beautiful garden come from?

Did Adam plan and plant it?

Would you say things have changed for Adam?

30. What "firsts" do you see in Genesis 3:20-21?

31. What is the chain of events in verses 22-24?

God identifies a problem. What is the problem?

32. In His great love God puts up barriers to keep Adam and Eve from wandering back into the garden. What are the barriers mentioned?

DAY FOUR

33. Genesis 4 opens in such a beautiful way. "Adam made love to his wife Eve, and she became pregnant and gave birth to Cain." Verse 2 said, "Later she gave birth to his brother Abel." What did you learn about these two brothers in verse 2?

- 34.** Both brothers chose to bring an offering to the LORD. What did they each bring?
- Cain brought _____ of the fruits of the soil as an offering to the LORD.
 - Abel brought an offering-fat portions from some of the _____ of his flock.

35. God is always more interested in the heart behind the offering. What do you believe Cain's heart was toward God?

Do you believe it was a sacrifice for Cain to bring some of his harvest?

Do you believe it was a sacrifice for Abel to choose and slaughter one of his firstborn lambs?

36. What lesson might we take from the two offerings?

37. How did Cain take it when God did not look on his offering with favor?

The Hebrew word translated "favor" is sha 'ah, and it means to look away, cause gaze to turn away.

Do you believe there might have been a bit of animosity between these two brothers? If not animosity, certainly Cain had some uncontrolled anger issues.

38. In Genesis 4:8-9, what did Cain do?

Do you believe this was a premeditated murder? If so, why?

39. Again, we see God does not want us to remain in our sin, detached from Him. God reaches out trying to help Cain confess his sin and be restored. What did Cain say when questioned about Abel?

40. God spoke to Cain as he had his father and mother when they sinned. What did God say was the curse placed on Cain?

41. How did Cain feel about his punishment?

42. We do not see Cain repent. He seemed consumed with his own well-being. What did he fear would happen?

43. God assures Cain that he had sealed him with a mark so that no one would harm him. In verse 16 we read ***“he went out from the LORD’s presence and lived in the land of Nod, east of Eden.”*** Nod means wandering. Cain’s wife became pregnant. She gave birth to a boy. What did they name him?

No explanation is given as to who this woman is that married Cain. Since Eve is the mother of all living, we know that she was a descendant of Adam and Eve. She could have been a sister. Genetic problems did not exist at this time.

DAY FIVE

44. Cain’s heart was still one that had a tendency toward disobedience to God’s will. What had the LORD specifically said Cain would be doing in Genesis 4:12?

“When you work the ground, it will no longer yield its crops for you. You will be a _____ on the earth.”

What do we see him doing in Genesis 4:17?

Is this in line with what God said, or an idea and choice of his own?

“Cain was then _____, and he named it after his son Enoch.

Obedience can be tough; at times it means taking a more difficult road even when there is an easier option. Obedience may require sacrifice, discipline and choosing God’s will over our preferences. Our choice to obey demonstrates our trust in God. Building a city is not wrong, it was just not demonstrating obedience to God.

45. The next few verses are a list of Cain’s descendants. Write out any facts you learn about these men.

Enoch had a son Irad.

Irad had a son _____.

Mehujael had a son _____.

Methushael had a son _____.

Lamech married _____ women, one named _____ and the other Zillah.

Adah then gave birth to _____, he was the father of those who live in _____ and raise livestock.

Adah then gave birth to _____; he was the father of all who _____ and _____.

Lamech’s other wife became pregnant and bore him another son, _____. What did he do for a living?

46. It is very sad to see how far and how fast sin has caught on. The scripture says that Lamech feared for his life. Why?

47. Adam and Eve had another son, Seth. Before the chapter closes, Seth has a son and names him Enosh. What wonderful thing do we see the people doing in Genesis 4:26?

48. After all we have seen in these two chapters on disobedience and sin, let’s take a few minutes to look at obedience and why it is the best option. Read the verses below and comment on them.

John 14:15	
Luke 11:28	
Romans 12:1	
1 John 5:2-3	
1 Samuel 15:22	
Romans 5:19	

49. Obedience is not an overnight process; it is not a one and done. Choosing obedience reflects our continual desire to live a life pleasing to God. I want to live my life as one big thank you to God for all he has done for me. What are some good practices that will lead us away from temptation and deliver us from evil?

DAY ONE

Question 4

Psalms 119:11 (NIV)

²³I have hidden your word in my heart that I might not sin against you.

Question 5

2 Peter 3:17 (NIV)

¹⁷Therefore, dear friends, since you have been forewarned, be on your guard so that you may not be carried away by the error of the lawless and fall from your secure position.

Question 6

Ephesians 6:10-18 (NIV)

¹⁰ Finally, be strong in the Lord and in his mighty power. ¹¹ Put on the full armor of God, so that you can take your stand against the devil's schemes. ¹² For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. ¹³ Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. ¹⁴ Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, ¹⁵ and with your feet fitted with the readiness that comes from the gospel of peace. ¹⁶ In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. ¹⁷ Take the helmet of salvation and the sword of the Spirit, which is the word of God. ¹⁸ And pray in the spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Question 7

1 Corinthians 16:13 (NIV)

¹³Be on your guard; stand firm in the faith; be courageous; be strong.

Question 14

Proverbs 4:14-16 (NIV)

¹⁴ Do not set foot on the path of the wicked or walk in the way of evildoers. ¹⁵ Avoid it, do not travel on it; turn from it and go on your way. ¹⁶ For they cannot rest until they do evil; they are robbed of sleep till they make someone stumble

DAY TWO

Question 16

1 Timothy 2:14 (NIV)

¹⁴ And Adam was not the one deceived ; it was the woman who was deceived...

DAY THREE

Question 24

Psalm 32:3-5 (NIV)

³When I kept silent, my bones wasted away through my groaning all day long. ⁴For day and night your hand was heavy on me; my strength was sapped as in the heat of summer. ⁵Then I acknowledged my sin to you and did not cover up my iniquity. I said, “I will confess my transgressions to the LORD.” And you forgave the guilt of my sin.

DAY FIVE

Question 48

John 14:12-16 (NIV)

¹²Very truly I tell you, whoever believes in me will do the works I have been doing, and they will do even greater things than these, because I am going to the Father. ¹³And I will do whatever you ask in my name, so that the Father may be glorified in the Son. ¹⁴You may ask me for anything in my name, and I will do it. ¹⁵“If you love me, keep my commands. ¹⁶And I will ask the Father, and he will give you another advocate to help you and be with you forever—

Luke 11:28 (NIV)

He replied, “Blessed rather are those who hear the word of God and obey it.”

Romans 12:1 (NIV)

Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.

1 John 5:2-3 (NIV)

²This is how we know that we love the children of God: by loving God and carrying out his commands.

³In fact, this is love for God: to keep his commands. And his commands are not burdensome,

1 Samuel 15:22 (NIV)

²²But Samuel replied: “Does the LORD delight in burnt offerings and sacrifices as much as in obeying the LORD? To obey is better than sacrifice, and to heed is better than the fat of rams.

Romans 5:19 (NIV)

¹⁹For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one man the many will be made righteous.

B I B L E C H A P T E R S

Genesis 3 (NIV)

¹Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden?’”

²The woman said to the serpent, “We may eat fruit from the trees in the garden,

³but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’”

⁴“You will not certainly die,” the serpent said to the woman.

⁵“For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”

⁶When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.

⁷Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

⁸Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden.

⁹But the LORD God called to the man, “Where are you?”

¹⁰He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.”

¹¹And he said, “Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?”

¹²The man said, “The woman you put here with me—she gave me some fruit from the tree, and I ate it.”

¹³Then the LORD God said to the woman, “What is this you have done?”

The woman said, “The serpent deceived me, and I ate.”

¹⁴So the LORD God said to the serpent, “Because you have done this, ‘Cursed are you above all livestock and all wild animals! You will crawl on your belly and you will eat dust all the days of your life.

¹⁵And I will put enmity between you and the woman, and between your offspring and hers; he will crush your head, and you will strike his heel.”

¹⁶To the woman he said, “I will make your pains in childbearing very severe; with painful labor you will give birth to children. Your desire will be for your husband, and he will rule over you.”

¹⁷To Adam he said, “Because you listened to your wife and ate fruit from the tree about which I commanded you, ‘You must not eat from it,’ ‘Cursed is the ground because of you; through painful toil you will eat food from it all the days of your life.

¹⁸It will produce thorns and thistles for you, and you will eat the plants of the field.

¹⁹By the sweat of your brow you will eat your food until you return to the ground, since from it you were taken; for dust you are and to dust you will return.”

²⁰Adam named his wife Eve, because she would become the mother of all the living.

²¹The LORD God made garments of skin for Adam and his wife and clothed them.

²²And the LORD God said, “The man has now become like one of us, knowing good and evil. He must not be allowed to reach out his hand and take also from the tree of life and eat, and live forever.”

²³So the LORD God banished him from the Garden of Eden to work the ground from which he had been taken. 24 After he drove the man out, he placed on the east side of the Garden of Eden cherubim and a flaming sword flashing back and forth to guard the way to the tree of life.

Genesis 4 (NIV)

¹Adam made love to his wife Eve, and she became pregnant and gave birth to Cain. She said, “With the help of the LORD I have brought forth a man.”

²Later she gave birth to his brother Abel. Now Abel kept flocks, and Cain worked the soil.

³In the course of time Cain brought some of the fruits of the soil as an offering to the LORD.

⁴And Abel also brought an offering—fat portions from some of the firstborn of his flock. The LORD looked with favor on Abel and his offering,

⁵but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast.

⁶Then the LORD said to Cain, “Why are you angry? Why is your face downcast?”

⁷If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it.”

⁸Now Cain said to his brother Abel, “Let’s go out to the field.” While they were in the field, Cain attacked his brother Abel and killed him.

⁹Then the LORD said to Cain, “Where is your brother Abel?” “I don’t know,” he replied. “Am I my brother’s keeper?”

¹⁰The LORD said, “What have you done? Listen! Your brother’s blood cries out to me from the ground.

¹¹Now you are under a curse and driven from the ground, which opened its mouth to receive your brother’s blood from your hand.

¹²When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth.”

¹³Cain said to the LORD, “My punishment is more than I can bear.

¹⁴Today you are driving me from the land, and I will be hidden from your presence; I will be a restless wanderer on the earth, and whoever finds me will kill me.”

¹⁵But the LORD said to him, “Not so; anyone who kills Cain will suffer vengeance seven times over.” Then the LORD put a mark on Cain so that no one who found him would kill him.

¹⁶So Cain went out from the LORD’s presence and lived in the land of Nod, east of Eden.

¹⁷Cain made love to his wife, and she became pregnant and gave birth to Enoch. Cain was then building a city, and he named it after his son Enoch.

¹⁸To Enoch was born Irad, and Irad was the father of Mehujael, and Mehujael was the father of Methushael, and Methushael was the father of Lamech.

¹⁹Lamech married two women, one named Adah and the other Zillah.

²⁰Adah gave birth to Jubal; he was the father of those who live in tents and raise livestock.

²¹His brother’s name was Jubal; he was the father of all who play stringed instruments and pipes.

²²Zillah also had a son, Tubal-Cain, who forged all kinds of tools out of bronze and iron. Tubal-Cain’s sister was Naamah.

²³Lamech said to his wives, “Adah and Zillah, listen to me; wives of Lamech, hear my words. I have killed a man for wounding me, a young man for injuring me.

²⁴If Cain is avenged seven times, then Lamech seventy-seven times.”

²⁵Adam made love to his wife again, and she gave birth to a son and named him Seth, saying, “God has granted me another child in place of Abel, since Cain killed him.”

²⁶Seth also had a son, and he named him Enosh.

At that time people began to call on the name of the LORD.