

BIBLICAL REFERENCES

DAY ONE

Question 5

Ezra 8:23 (NIV) So we fasted and petitioned our God about this, and he answered our prayer.

Question 8

Esther 4:16 (NIV) “Go, gather together all the Jews who are in Susa, and fast for me. Do not eat or drink for three days, night or day. I and my attendants will fast as you do. When this is done, I will go to the king, even though it is against the law. And if I perish, I perish.”

Daniel 1:11-12 (NIV) Daniel then said to the guard whom the chief official had appointed over Daniel, Hananiah, Mishael and Azariah, ¹² “Please test your servants for ten days: Give us nothing but vegetables to eat and water to drink.

Matthew 4:1-2 (NIV) Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. ² After fasting forty days and forty nights, he was hungry.

DAY TWO

Question 10

Psalms 35:11-14 (NIV) Ruthless witnesses come forward; they question me on things I know nothing about. ¹² They repay me evil for good and leave me like one bereaved. ¹³ Yet when they were ill, I put on sackcloth and humbled myself with fasting. When my prayers returned to me unanswered, ¹⁴ I went about mourning as though for my friend or brother. I bowed my head in grief as though weeping for my mother.

Question 11

Matthew 4:1-11 (NIV) Then Jesus was led by the Spirit into the wilderness to be tempted by the devil. ² After fasting forty days and forty nights, he was hungry. ³ The tempter came to him and said, “If you are the Son of God, tell these stones to become bread.” ⁴ Jesus answered, “It is written: ‘Man shall not live on bread alone, but on every word that comes from the mouth of God.’” ⁵ Then the devil took him to the holy city and had him stand on the highest point of the temple. ⁶ “If you are the Son of God,” he said, “throw yourself down. For it is written: “ ‘He will command his angels concerning you, and they will lift you up in their hands, so that you will not strike your foot against a stone.’ ” ⁷ Jesus answered him, “It is also written: ‘Do not put the Lord your God to the test.’ ” ⁸ Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor. ⁹ “All this I will give you,” he said, “if you will bow down and worship me.” ¹⁰ Jesus said to him, “Away from me, Satan! For it is written: ‘Worship the Lord your God, and serve him only.’ ” ¹¹ Then the devil left him, and angels came and attended him.

Question 12

Matthew 6:16-18 (NIV) “When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. ¹⁷ But when you fast, put oil on your head and wash your face, ¹⁸ so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

Question 13

Matthew 9:14-15 (NIV) Then John’s disciples came and asked him, “How is it that we and the Pharisees fast often, but your disciples do not fast?” ¹⁵ Jesus answered, “How can the guests of the bridegroom mourn while he is with them? The time will come when the bridegroom will be taken from them; then they will fast.”

Question 14

I John 5:15 (NIV) And if we know that he hears us—whatever we ask—we know that we have what we asked of him.

Question 15

Daniel 2:17-23 (NIV) Then Daniel returned to his house and explained the matter to his friends Hananiah, Mishael and Azariah. ¹⁸ He urged them to plead for mercy from the God of heaven concerning this mystery, so that he and his friends might not be executed with the rest of the wise men of Babylon. ¹⁹ During the night the mystery was revealed to Daniel in a vision. Then Daniel praised the God of heaven ²⁰ and said: “Praise be to the name of God for ever and ever; wisdom and power are his. ²¹ He changes times and seasons; he deposes kings and raises up others. He gives wisdom to the wise and knowledge to the discerning. ²² He reveals deep and hidden things; he knows what lies in darkness, and light dwells with him. ²³ I thank and praise you, God of my ancestors: You have given me wisdom and power, you have made known to me what we asked of you, you have made known to us the dream of the king.”

Question 17

Daniel 6:10 (NIV) Now when Daniel learned that the decree had been published, he went home to his upstairs room where the windows opened toward Jerusalem. Three times a day he got down on his knees and prayed, giving thanks to his God, just as he had done before.

Question 18

Daniel 6:1-9 (NIV) It pleased Darius to appoint 120 satraps to rule throughout the kingdom,² with three administrators over them, one of whom was Daniel. The satraps were made accountable to them so that the king might not suffer loss.³ Now Daniel so distinguished himself among the administrators and the satraps by his exceptional qualities that the king planned to set him over the whole kingdom.⁴ At this, the administrators and the satraps tried to find grounds for charges against Daniel in his conduct of government affairs, but they were unable to do so. They could find no corruption in him, because he was trustworthy and neither corrupt nor negligent.⁵ Finally these men said, “We will never find any basis for charges against this man Daniel unless it has something to do with the law of his God.”⁶ So these administrators and satraps went as a group to the king and said: “May King Darius live forever!⁷ The royal administrators, prefects, satraps, advisers and governors have all agreed that the king should issue an edict and enforce the decree that anyone who prays to any god or human being during the next thirty days, except to you, Your Majesty, shall be thrown into the lions’ den.⁸ Now, Your Majesty, issue the decree and put it in writing so that it cannot be altered—in accordance with the law of the Medes and Persians, which cannot be repealed.”⁹ So King Darius put the decree in writing.

DAY THREE

Question 19

Mark 1:35 (NIV) Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Question 20

Matthew 7:11 (NIV) If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!

Matthew 18:19-20 (NIV) “Again, truly I tell you that if two of you on earth agree about anything they ask for, it will be done for them by my Father in heaven.²⁰ For where two or three gather in my name, there am I with them.”

Matthew 21:22 (NIV)

“...²²If you believe, you will receive whatever you ask for in prayer.”

Question 21

James 5:16 (NIV) Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Question 22

Luke 10:2 (NIV) He told them, “The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.

Question 23

Luke 18:1 (NIV) Then Jesus told his disciples a parable to show them that they should always pray and not give up.

Question 24

I Timothy 2:8-10 (NIV) Therefore I want the men everywhere to pray, lifting up holy hands without anger or disputing.⁹ I also want the women to dress modestly, with decency and propriety, adorning themselves, not with elaborate hairstyles or gold or pearls or expensive clothes,¹⁰ but with good deeds, appropriate for women who profess to worship God.

Question 25

Colossians 1: 3-14 (NIV) We always thank God, the Father of our Lord Jesus Christ, when we pray for you,⁴ because we have heard of your faith in Christ Jesus and of the love you have for all God’s people—⁵ the faith and love that spring from the hope stored up for you in heaven and about which you have already heard in the true message of the gospel⁶ that has come to you. In the same way, the gospel is bearing fruit and growing throughout the whole world—just as it has been doing among you since the day you heard it and truly understood God’s grace.⁷ You learned it from Epaphras, our dear fellow servant, who is a faithful minister of Christ on our behalf,⁸ and who also told us of your love in the Spirit.⁹



For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of his will through all the wisdom and understanding that the Spirit gives,¹⁰ so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God,¹¹ being strengthened with all power according to his glorious might so that you may have great endurance and patience,¹² and giving joyful thanks to the Father, who has qualified you to share in the inheritance of his holy people in the kingdom of light.¹³ For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves,¹⁴ in whom we have redemption, the forgiveness of sins.



DAY FOUR

Question 37

Genesis 1:31 (NIV) God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day.

Jeremiah 31:3 (NIV)

The LORD appeared to us in the past, saying: “I have loved you with an everlasting love; I have drawn you with unfailing kindness.

Ephesians 1:3-8 (NIV) Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ.⁴ For he chose us in him before the creation of the world to be holy and blameless in his sight. In love⁵ he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will—to the praise of his glorious grace, which he has freely given us in the One he loves.⁷ In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace⁸ that he lavished on us. With all wisdom and understanding,

Ephesians 2:4-5 (NIV) But because of his great love for us, God, who is rich in mercy,⁵ made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved.

Ephesians 2:8-9 (NIV) For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—⁹ not by works, so that no one can boast.

John 3:16 (NIV) For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

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DAY FIVE

Question 40

Ephesians 3:10 (NIV) His intent was that now, through the church, the manifold wisdom of God should be made known to the rulers and authorities in the heavenly realms,

Ephesians 6:12 (NIV) For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

Question 49

I Corinthians 15:57-58 (NIV) But thanks be to God! He gives us the victory through our Lord Jesus Christ.⁵⁸ Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.

